

Report to Congressional Requesters

September 2015

# ELECTRONIC HEALTH RECORDS

Nonfederal Efforts to Help Achieve Health Information Interoperability

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Highlights of GAO-15-817, a report to congressional requesters

#### Why GAO Did This Study

EHR interoperability is viewed by many health care stakeholders as a necessary step toward improving health care. However, interoperability has remained limited. Although the federal government plays a key role in guiding movement toward interoperability, many of the actions are to be completed by nonfederal stakeholders.

GAO was asked to review the status of efforts by entities other than the federal government to develop infrastructure that could lead to nationwide interoperability of health information. This report describes the (1) characteristics of selected nonfederal initiatives intended to facilitate EHR interoperability, and (2) key challenges related to EHR interoperability and the extent to which selected nonfederal initiatives are addressing these challenges. GAO interviewed representatives from 18 selected nonfederal initiatives that were frequently mentioned by stakeholders GAO interviewed, and reflected a range of approaches. GAO reviewed documents from these initiatives as well as other published research.

September 2015

#### **ELECTRONIC HEALTH RECORDS**

## Nonfederal Efforts to Help Achieve Health Information Interoperability

#### What GAO Found

Representatives from the 18 nonfederal initiatives GAO reviewed described a variety of efforts they are undertaking to achieve or facilitate electronic health record (EHR) interoperability, but most of these initiatives remain works in progress. EHR interoperability is the ability of systems to exchange electronic health information with other systems and process the information without special effort by the user, such as a health care provider. These initiatives' efforts include creating guidance related to health data standards, encouraging the adoption of certain health data standards or policies that facilitate interoperability, and operating networks that connect EHR systems to enable interoperability. The initiatives varied in a number of other ways, including the types of electronic systems the initiatives are working to make interoperable, the cost of their products or services, the geographic area served, patient use of the products or services, and their organizational structures. For example, GAO found that while some initiatives are making their products or services available at no cost, others are charging a fee for their products or services based on the type of entity using the product or service (e.g., individual physician or hospital) or the amount of data exchanged. Similarly, over half of the initiatives were using varying approaches to facilitate patient access to and control over their health information. The majority of the initiatives GAO selected are still in the process of developing, or encouraging others to adopt, their products or services. Most of the initiatives' products or services were not widely available at the time of GAO's review, but initiative representatives anticipated greater availability of their products or services in the next 2 years.

Stakeholders and initiative representatives GAO interviewed described five key challenges to achieving EHR interoperability, which are consistent with challenges described in past GAO work. Specifically, the challenges they described are (1) insufficiencies in health data standards, (2) variation in state privacy rules, (3) accurately matching patients' health records, (4) costs associated with interoperability, and (5) the need for governance and trust among entities, such as agreements to facilitate the sharing of information among all participants in an initiative. Representatives from the 18 initiatives GAO reviewed said they are working to address these key challenges using different approaches. Each key challenge is in the process of being addressed by some initiatives. To move interoperability forward, initiative representatives noted, among other issues, that providers need to see an EHR system as a valuable tool for improving clinical care.

The Department of Health and Human Services provided technical comments on a draft of this report, which GAO incorporated as appropriate.

View GAO-15-817. For more information, contact Linda Kohn at (202) 512-7114 or kohnl@gao.gov.

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#### **Abbreviations**

API application program interface

C-CDA Consolidated-Clinical Document Architecture CMS Centers for Medicare & Medicaid Services

EHR electronic health record

HHS Department of Health and Human Services

HIE health information exchange

HIPAA Health Insurance Portability and Accountability Act
HITECH Act Health Information Technology for Economic and

Clinical Health Act

IT information technology

ONC Office of the National Coordinator for Health

Information Technology

PHR personal health record

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September 16, 2015

#### Congressional Requesters

Electronic health record (EHR) interoperability is viewed by many health care stakeholders as a necessary step toward transforming health care into a system that can achieve goals of improved quality, efficiency, and patient safety. EHR interoperability refers to the ability of EHR systems to exchange electronic health information with other systems and process the information without special effort on the part of the user, such as a health care provider. When EHR systems are interoperable, information can be exchanged—sent from one provider to another—and then seamlessly integrated into the receiving provider's EHR system, allowing the provider to use that health information to inform clinical care.

The Department of Health and Human Services' (HHS) Office of the National Coordinator for Health Information Technology (ONC) is charged with promoting the adoption and use of health information technology by the Health Information Technology for Economic and Clinical Health (HITECH) Act, part of the American Recovery and Reinvestment Act.<sup>2</sup> ONC has stated that EHR interoperability is key to its vision of enabling every individual and his or her health care providers to access the health information they need in a useful electronic format when and how they need it.<sup>3</sup> Although ONC has reported nationwide progress on the extent to which providers can exchange health information among different data systems and organizations, it has also reported that interoperability remains limited due to, among other things, electronic health information not being sufficiently structured or standardized, a lack of financial

<sup>&</sup>lt;sup>1</sup>Department of Health and Human Services, Office of the National Coordinator for Health Information Technology, *Connecting Health and Care for the Nation: A Shared Nationwide Interoperability Roadmap (DRAFT Ver. 1.0)* (January 2015). The Office of the National Coordinator for Health Information Technology plans to release the final Interoperability Roadmap in fall 2015.

<sup>&</sup>lt;sup>2</sup>Pub. L. No. 111-5, § 13101, 123 Stat. 115, 230 (Feb. 17, 2009).

<sup>&</sup>lt;sup>3</sup>Department of Health and Human Services, Office of the National Coordinator for Health Information Technology, *Federal Health IT Strategic Plan, 2015-2020.* (December 2014). For more information, see http://www.healthit.gov/policy-researchers-implementers/healthit-strategic-planning.

motives, and misinterpretation of existing laws governing the sharing of health information.<sup>4</sup>

In its January 2015 draft "Interoperability Roadmap," ONC identifies critical actions for public and private sector stakeholders to take to enable nationwide interoperability of electronic health information in the near term. <sup>5</sup> Although ONC plays a key role in convening stakeholders and guiding movement toward interoperability, many of these actions are slated for completion by public and private stakeholders.

You asked that we review the status of efforts by entities other than the federal government to develop infrastructure needed to support nationwide interoperability of health care information. In this report, we

- 1. examine the characteristics of selected nonfederal initiatives that are intended to facilitate EHR interoperability, and
- describe the key challenges related to EHR interoperability and the extent to which selected nonfederal initiatives are addressing these challenges.

To examine the characteristics of selected nonfederal initiatives that are intended to facilitate EHR interoperability, we first identified nonfederal organizations that have ongoing initiatives (nonfederal initiatives) that facilitate interoperability by reviewing recent articles from health information technology (IT) news outlets and interviewing stakeholders, such as the College of Healthcare Information Management Executives, the Healthcare Information Management Systems Society, the American Medical Association, and Patient Privacy Rights. We defined nonfederal initiatives as projects or programs outside of the federal government that are intended to facilitate EHR interoperability related to the provision of clinical care (as opposed to research). Our goal was not to identify all interoperability initiatives, but rather to develop a list that included a variety of initiatives working to facilitate EHR interoperability. We obtained

<sup>&</sup>lt;sup>4</sup>Department of Health and Human Services, Office of the National Coordinator for Health Information Technology, *Report to Congress: Update on the Adoption of Health Information Technology and Related Efforts to Facilitate the Electronic Use and Exchange of Health Information* (October 2014); and *Connecting Health and Care for the Nation* (January 2015).

<sup>&</sup>lt;sup>5</sup>Department of Health and Human Services, Office of the National Coordinator for Health Information Technology, *Connecting Health and Care for the Nation* (January 2015).

feedback from ONC to determine the completeness and accuracy of our list and then judgmentally selected initiatives for our review. From our initial list of 39 initiatives, we selected 18 for review that were frequently mentioned by stakeholders we interviewed, and reflected a range of approaches. We interviewed representatives from these 18 initiatives to obtain detailed information about each initiative, including information about each initiative's governance structure, funding, product development status, timeline, and extent to which the initiative will enable interoperability (e.g., among different providers and types of health information to be made interoperable). (See appendix I for a list of these initiatives.)

To describe the key challenges related to EHR interoperability and the extent to which selected nonfederal initiatives are addressing these challenges, we first identified key challenges by reviewing our 2014 report and interviewing stakeholders to determine the most frequently cited key challenges to achieving EHR interoperability. 6 We confirmed identified challenges during interviews with representatives from the 18 initiatives we selected to review. We asked initiative representatives about the extent to which their initiatives are taking steps to address these key challenges, as well as any other challenges related to EHR interoperability. When available, we obtained relevant documentation from initiatives, such as bylaws, governance documents, or technical plans, to learn more about the extent to which the selected initiatives are addressing or have plans to address key challenges related to EHR interoperability. We also asked representatives from the 18 initiatives to discuss other actions that may be needed to move interoperability forward.

The initiatives we reviewed were selected judgmentally; therefore, any information gathered from our interviews cannot be generalized. Consequently, we are not presenting all approaches to achieving EHR interoperability, all the challenges related to EHR interoperability, or all actions needed to move EHR interoperability forward. In addition, we did not evaluate the initiatives' current or planned efforts to implement interoperability activities or the efforts undertaken by the initiatives to address the challenges.

<sup>&</sup>lt;sup>6</sup>GAO, Electronic Health Records: HHS Strategy to Address Information Exchange Challenges Lacks Specific Prioritized Actions and Milestones, GAO-14-242 (Washington, D.C.: Mar. 24, 2014).

We conducted this performance audit from April 2015 to September 2015 in accordance with generally accepted government auditing standards. Those standards require that we plan and perform the audit to obtain sufficient, appropriate evidence to provide a reasonable basis for our findings and conclusions based on our audit objectives. We believe that the evidence obtained provides a reasonable basis for our findings and conclusions based on our audit objectives.

#### Background

An EHR is a digital version of a patient's paper medical record or chart. EHRs ideally make information available instantly and securely to authorized users. An EHR can contain the medical and treatment history of a patient, diagnoses, medications, treatment plans, immunization dates, allergies, radiology images, and laboratory and test results. An EHR can also give a provider access to evidence-based tools for making decisions about a patient's care and can automate certain workflows. EHR system software is typically purchased by providers (such as physicians, hospitals, and health systems) from vendors that develop the systems. When EHR systems are interoperable, information can be exchanged—sent from one provider to another—and then seamlessly integrated into the receiving provider's EHR system, allowing the provider to use that health information to inform clinical care.

HHS and others view EHR system interoperability as a necessary step toward transforming health care into a system that can achieve goals of improved quality, efficiency, and patient safety. For example, use of interoperable EHR systems could better enable health care providers to

- view results from diagnostic procedures conducted by other providers to avoid duplication;
- evaluate test results and treatment outcomes over time regardless of where the care was provided to better understand a patient's medical history;
- share a basic set of patient information with specialists during referrals and receive updated information after the patient's visit with the specialist to improve care coordination;
- view complete medication lists to reduce the chance of duplicate therapy, drug interactions, medication abuse, and other adverse drug events; and

 identify important information, such as allergies or preexisting conditions, for unfamiliar patients during emergency treatment to reduce the risk of adverse events.

Health data standards are technical requirements used to, among other things, facilitate health information exchange and interoperability of systems, including EHR systems. Such standards consist of terminology and technical specifications that, when adopted by multiple entities, facilitate the exchange and interoperability of health information. Health data standards include, for example, standardized language for prescriptions and laboratory testing. Standards define how information is packaged and communicated from one entity to another, setting the language, structure, and data types required for integration between the systems. Standards generally have been developed by nonfederal standard development organizations and are accompanied by implementation guides, which can help ensure that standards are implemented uniformly. Consistent implementation of the standards by the vendors that build and sell EHR systems and by providers who use these systems is necessary for interoperability.

The Medicare and Medicaid EHR Incentive Programs are intended to help increase the adoption and meaningful use of EHRs by providing incentive payments for providers—that is, certain hospitals and health care professionals such as physicians—who participate in Medicare and Medicaid, and later imposing payment adjustments, also referred to as penalties, on those Medicare providers that do not meet meaningful use requirements for a program year. Within HHS, ONC and the Centers for Medicare & Medicaid Services (CMS) develop the programs' requirements. CMS establishes specific requirements providers must meet to qualify for incentive payments. Some of these requirements

<sup>&</sup>lt;sup>7</sup>The HITECH Act defines "meaningful use" in relation to a user of health information technology that can (1) demonstrate use of certified EHR technology in a meaningful manner, (2) demonstrate that certified EHR technology is connected in a manner that provides for the electronic exchange of health information, and (3) submit information in a form and manner specified by HHS. For continued participation in the incentive programs, providers must demonstrate meaningful use and report on meaningful use measures. The meaningful use measures are being implemented in three progressive stages that will apply to different providers in different years. The Medicaid EHR program does not impose penalties on Medicaid providers that do not meet the Medicaid EHR program's requirements by a specific date; however, if Medicaid providers also treat Medicare patients, they are required to meet the Medicare EHR program's requirements from 2015 onward to avoid penalties from the Medicare EHR program.

include the exchange of health information, which is a component of interoperability. ONC identifies health data standards and technical specifications for EHR systems and certifies EHR systems used by providers in the program to help ensure that providers implement a system that offers a minimum level of technological capability, functionality, and security. In order for an EHR system to be certified, it must adhere to requirements related to health information exchange, among other capabilities.

The Health Insurance Portability and Accountability Act (HIPAA) of 1996 and its implementing regulations, the Privacy Rule, regulate covered providers' use and disclosure of personal health information. Providers may also be subject to additional state privacy rules, which can be more stringent than HIPAA requirements or standards. For example, states can set requirements around default practices for health information exchange. Specifically, states that require patients to "opt-in" to health information exchange do not allow the sharing of health information unless patients affirmatively consent to share health information. States with "opt-out" policies around health information exchange permit, by default, the automatic sharing of patient health information, and patients must affirmatively express their preference to not have information shared if they do not want it exchanged.

<sup>&</sup>lt;sup>8</sup>Pub. L. No. 104-191, Title II, Subtitle F, 110 Stat. 1936, 2021 (Aug. 21, 1996). Additional privacy and security protections, and amendments to the HIPAA Privacy and Security Rules, were established by the HITECH Act, Pub. L. No. 111-5, Div. A, Title XIII, 123 Stat. 115, 226-279 and Div. B, Title IV, 123 Stat. 467-496 (Feb. 17, 2009). The Privacy Rule was promulgated at 45 C.F.R. Parts 160 and 164 and was updated at 78 Fed. Reg. 5566 (Jan. 25, 2013) and 79 Fed. Reg. 7290 (Feb. 6, 2014).

Initiatives Described a Variety of Approaches for Addressing Interoperability and Are Generally Works in Progress

Selected Initiatives Vary in a Number of Ways, Including Their Products or Services and Membership

The initiatives we reviewed vary in their efforts to achieve or facilitate interoperability, including (1) the primary products or services they offer (e.g., a network or guidance for implementing standards), (2) the types of electronic systems the initiatives are working to make interoperable, (3) the cost of the initiatives' products or services, (4) the geographic areas served by the initiatives, (5) the extent to which initiatives facilitate patient access to their health information, (6) the stakeholder groups that are members of the initiatives, and (7) the sources of funding for the initiatives.

Primary Product or Service

The primary products or services that the initiatives provide or are developing vary significantly. Among the 18 initiatives we selected, 7 are focused on developing technical solutions to facilitate EHR system interoperability, and these 7 initiatives vary with regard to the specific technical issue or issues they address. For example, representatives from these 7 initiatives said that they are addressing EHR system interoperability by releasing guidance intended to facilitate the uniform implementation of standards for EHR and other health IT systems; encouraging the adoption and implementation of certain standards; or providing services for vendors to test the extent to which the EHR systems they sell can interoperate with other products, such as other EHR systems or other health IT products, including medical devices.

Five of the initiatives we selected focus on relatively less technical products or services to facilitate EHR interoperability. Specifically, these initiatives focus on encouraging providers or insurers to adopt certain policies and criteria, promoting agreements between providers to facilitate the exchange of health information, or developing products or services that enable patients to aggregate their health information from multiple

providers into a single personal health record (PHR) that can be shared with additional providers.<sup>9</sup>

The remaining 6 of the 18 initiatives we selected operate or are developing networks aimed at facilitating EHR interoperability by connecting EHR systems or providers through a technical service, thereby allowing the exchange of information. These 6 initiatives vary in terms of the components or technical issues they address in building these networks. Approaches taken by these 6 initiatives include translating between different technical standards used by different participants in the network (a process known as semantic normalization), providing patient matching capabilities to providers who participate in the network, and developing and maintaining connections for interoperability between providers or regional health information exchange (HIE) organizations within a state or region. <sup>10</sup>

#### Types of Electronic Systems

The initiatives we reviewed vary in terms of the types of electronic systems they are working to make interoperable. Among the 18 initiatives we selected, 7 reported that they are focused on achieving interoperability between different EHR systems, between HIE organizations' systems, or between EHR and HIE organizations' systems. <sup>11</sup> The remaining 11 initiatives reported that they are focused on achieving interoperability not only among EHR and HIE systems, but also among a wider range of health IT technologies, such as PHRs or medical devices. For example, 1 initiative is working to develop application program interfaces (API), which are sets of programming instructions that enable the movement of data between software systems, in order to achieve interoperability between different health IT technologies. APIs allow one system to work

<sup>&</sup>lt;sup>9</sup>A PHR is an electronic application used by patients to maintain and manage their health information in a private, secure, and confidential environment.

<sup>&</sup>lt;sup>10</sup>Data elements contained in EHRs may be stored using different units or code sets. With semantic normalization, data elements are translated, or normalized, into uniform terminology. This can allow such information to be interoperable between different EHR systems.

<sup>&</sup>lt;sup>11</sup>An HIE organization can serve as a key facilitator of exchange and interoperability by providing for data connections among various entities involved in clinical care, such as laboratories, public health departments, hospitals, and physicians. Specifically, providers request and receive information about patients from other providers' records, such as medication lists, laboratory results, or previous diagnoses and hospitalizations, through HIE organizations that enable the flow of information between unaffiliated providers.

with the information provided from another system. Another initiative is focused on the development of interoperable applications for accessing health information stored in different health IT technologies, such as EHR systems.

### Cost of the Primary Product or Service

Some of the initiatives we reviewed offer or will offer their products or services for free, while other initiatives charge or plan on charging fees for these products and services. Representatives from 8 of the 18 initiatives stated that their final products or services would be made publicly available at no charge. For example, representatives from several initiatives we reviewed that are focused on standards to facilitate interoperability of health information stated that they intend to make their guidance or instructions for implementing standards freely available to anyone who wants to incorporate them into a health IT product or service. In contrast, representatives from the remaining 10 of the 18 initiatives said that they are, or will be, charging fees for their products or services or are undecided about whether they will charge for their products or services once they are available. For example, 5 initiatives that operate networks to facilitate interoperability charge a fee, either to providers who use the network to exchange health information with other providers or vendors that want to use the network to make their EHR products interoperable. According to initiative representatives, their fees are adjusted based on factors that include the type of participant (e.g., individual physician, lab, or hospital) or the amount of data exchanged through the network.

#### Geographic Coverage

Most of the initiatives we reviewed are national in scope, while a few are regional or focused on a handful of states. Representatives from 14 of the initiatives we selected said that they intend for their products or services to be available nationwide, and 5 where actively providing their services nationwide at the time of our review. The other 4 initiatives, all associated with HIE organizations, serve a particular state or multi-state region. Representatives from two of these HIE organizations stated that they are exploring connecting with HIE organizations in other states in order to increase their geographic coverage.

#### Potential Patient Role

The initiatives we selected vary in the extent to which they facilitate patients' access to their health information. Representatives from 11 of the 18 initiatives we selected identified ways in which their initiatives were working to facilitate patients' access to or control of their health

information. For example, 2 initiatives are specifically focused on patient-mediated exchange as a way to facilitate interoperability. <sup>12</sup> Both aim to develop products that will allow patients to use an application or PHR to control the sharing of health data with providers. Other initiatives are addressing issues related to patient consent for sharing health information among providers, establishing PHRs, sharing patient-generated health information—including information that is stored on mobile devices—with other health IT systems (such as EHRs), and making all of this information interoperable.

Membership

members of the initiative. Among the 18 initiatives, representatives of 13 said they have three or more stakeholder groups represented in their membership, and representatives of the remaining 5 said they had only one or two stakeholder groups represented. The types of stakeholders include a range of different groups, such as health IT vendors (including EHR vendors), health systems, providers (including physicians and hospitals), state or federal agencies, and professional associations. The most frequently included stakeholder groups are health IT vendors, health care providers, and health systems, with more than half of the initiatives including at least one of these three stakeholder groups as members.

The initiatives we selected vary with regard to the stakeholders that are

Funding Sources

Representatives from the 18 initiatives, of which 17 were not-for-profit efforts or part of not-for-profit organizations, cited a variety of funding sources for their initiatives, including grants from private organizations, membership fees, fees paid to utilize a network's services, charitable donations, or fees paid for certain educational or technical services. Representatives from 8 of the initiatives said they have more than one source of funding. Representatives from more than half of the 18 initiatives noted that they are examining possible changes to their funding sources in order to sustain their initiatives. These changes include seeking state funding, pursuing grant funding, instituting membership fees, or revisiting their fee structures to accommodate different member types.

<sup>&</sup>lt;sup>12</sup>Patient-mediated exchange enables patients to aggregate their own health information and share that information with other providers.

Most of the Selected Interoperability Initiatives Are Relatively New and Still Undergoing Development

The majority of the initiatives we selected are works in progress, meaning that they are relatively new and therefore still in the process of developing, or encouraging others to adopt, their products or services. Of the 18 initiatives we selected, 10 began after January 2013. Representatives from 6 of the initiatives said that their primary products or services were available in some areas or available on a limited scale; however, according to the representatives, none of their products or services were widely available or widely used at the time of our review. For example, representatives from the 4 initiatives associated with HIE organizations said that they are actively facilitating interoperability, but this interoperability is confined to a single state or region. The 2 other initiatives have products available, but according to representatives, the initiatives are in the very early stages of deploying those products and anticipate that use of their products will increase by 2016. Representatives from 7 of the initiatives stated that their products or services are currently being developed and would not be available until the end of 2015 or sometime in 2016.

Stakeholders and Initiative Representatives Described Five Key Challenges to EHR Interoperability, Efforts to Address These Challenges, and Other Barriers

Stakeholders and initiative representatives we interviewed described five key challenges to EHR interoperability, and initiative representatives described how they are working to address these challenges using different approaches. Initiative representatives also identified other issues beyond the scope of their initiatives that they say need to be addressed in order to move nationwide EHR interoperability forward.

Stakeholders and Initiative Representatives Described Five Key Challenges to EHR Interoperability

Stakeholders and representatives from the selected EHR initiatives described five key challenges to achieving EHR interoperability: (1) insufficiencies in standards for EHR interoperability, (2) variation in state privacy rules, (3) accurately matching patients' health records, (4) costs associated with interoperability, and (5) need for governance and trust among entities.<sup>13</sup>

Insufficiencies in Standards for EHR Interoperability

While standards for electronically exchanging information among EHR systems exist, stakeholders and initiative representatives said that these standards are not sufficient for achieving EHR interoperability. This challenge stems from the fact that some standards are not specific enough and, as a result, the systems that implement these standards may not be interoperable. According to some stakeholders, some standards allow EHR systems to use different formats and terminology when exchanging data. However, this resulting variability prevents the receiving system from processing the information and properly integrating it into the patient record; in other words, the systems are not interoperable. Information that is electronically exchanged from one provider to another must adhere to the same standards, and these standards must be implemented uniformly, in order for the information to be interpreted and used in EHRs, thereby enabling interoperability.

Variation in State Privacy Rules

Stakeholders and initiative representatives said that exchanging health information with providers in other states, which is necessary for nationwide EHR interoperability, can be difficult. This challenge exists because of variations in privacy rules from state to state, especially variation in laws pertaining to patient consent for sharing health information. According to a representative from one initiative, providers in

<sup>&</sup>lt;sup>13</sup>See GAO-14-242. We previously identified the first four challenges as challenges to health information exchange, which is a necessary component of interoperability. We confirmed with stakeholders that these four challenges are also challenges for achieving EHR interoperability, and stakeholders identified the fifth challenge.

<sup>&</sup>lt;sup>14</sup>For example, ONC reports in its Draft Interoperability Roadmap that much of the health IT industry has implemented the Consolidated-Clinical Document Architecture (C-CDA), which is a data format standard, according to its accompanying implementation guide. However, one stakeholder explained that there is significant variability in the implementation of this standard; some portions of the C-CDA implementation guide are optional to implement or do not designate specific terminology. The resulting variability prevents the receiving system from processing the information and properly integrating it into the patient record, and may prohibit the user from viewing the information. ONC reported in its Draft Interoperability Roadmap that more guidance on how to consistently implement the standard is needed in order to support interoperability.

opt-in states may be hesitant to exchange health information with providers in opt-out states if the providers lack assurance that the patients have explicitly consented to the exchange.

This challenge may be more pronounced when exchanging certain types of sensitive information, such as mental health information or HIV status, among providers in different states. Some states require additional patient consent when exchanging such information. <sup>15</sup> A representative from one initiative explained that current digital methods for exchange do not provide assurance that sensitive information is protected in accordance with privacy rules. According to this initiative representative, the sensitive information that is subject to more stringent privacy rules could be inadvertently aggregated with other health information and exchanged without the patient's consent, thereby violating privacy rules. Representatives from one initiative noted that they specifically do not include any mental health information in electronic health information exchange, even with patient consent, because of concerns about inadvertently violating privacy rules.

## Accurately Matching Patients' Health Records

Stakeholders and initiative representatives said that another key challenge to EHR interoperability is accurately matching patients' health records that are stored in different systems. <sup>16</sup> This challenge exists because many EHR systems use demographic information, such as a patient's name and date of birth, to match different health records for a given patient held by different providers. As we previously reported, demographic variables do not always yield accurate results because, for example, there could be more than one patient with the same information. <sup>17</sup> In addition, providers may not collect and use the same demographic variables for matching. For example, one initiative representative explained that a recent effort to achieve interoperability with another organization stalled because the other organization relies on

<sup>&</sup>lt;sup>15</sup>Department of Health and Human Services, Office of the National Coordinator for Health Information Technology, *Connecting Health and Care for the Nation* (January 2015).

<sup>&</sup>lt;sup>16</sup>When a patient's electronic health information is sent from one system to another, the receiving system must identify which patient the information corresponds to and link the new information to the patient's record that is already in the system. If this matching is accurate, the provider can use the additional information to inform his or her care of the patient.

<sup>&</sup>lt;sup>17</sup>GAO-14-242.

a patient's social security number for patient matching, but the initiative does not collect social security numbers for its patients. In addition, some methods to match records for the same patient across providers can fail because of differences across EHR systems in data formats or because of missing data from or inaccurate data in some health records.

#### Costs Associated with Interoperability

Stakeholders and initiative representatives said that the costs associated with achieving interoperability can be prohibitive for providers. This challenge exists in part because of the high cost of EHR customization and legal fees associated with interoperability. One stakeholder said that many EHR systems require multiple customized interfaces—which are specially designed connections to other health IT systems—in order to facilitate interoperability with other providers and organizations. The costs associated with these customized interfaces are typically paid by the EHR buyers (i.e., providers). Representatives from some initiatives added that the legal fees associated with establishing EHR interoperability can also be significant. For example, as the next section describes, certain agreements may need to be established as a precondition to interoperability.

## Need for Governance and Trust among Entities

Stakeholders and initiative representatives said that it can be challenging to establish the governance and trust among entities that are needed to achieve interoperability. These governance practices can include organizational policies related to privacy, information security, data use, technical standards, and other issues that affect the exchange of information across organizational boundaries. One stakeholder noted that it is important to establish agreements to ensure that entities share information openly with all other participants in a network. However, representatives from one initiative noted that there is some risk that the various agreements developed by different EHR initiatives could result in conflicting organizational policies. For example, the representative explained that participants in one initiative cannot participate in another initiative because the initiatives' organizational privacy policies do not align.

Each Key Interoperability
Challenge Is in the
Process of Being
Addressed by at Least
Some Initiatives

Representatives from all 18 of the initiatives we reviewed said they are working to address these key challenges using different approaches (see table 1).

Table 1: Number of Selected Nonfederal Initiatives Addressing Key Challenges to Interoperability

	Standards	Privacy	Patient matching	Cost	Governance and trust
Working to address	15	11	13	16	11
Not addressing	3	7	5	2	7

Source: GAO analysis of information provided by selected nonfederal initiatives. | GAO-15-817

## Insufficiencies in Standards for EHR Interoperability

Fifteen of the 18 initiatives are working to address insufficient standards needed to achieve EHR interoperability. <sup>18</sup> Representatives from 7 of the 15 initiatives told us that they are developing instructions for implementing standards in ways that enhance interoperability. For example, 1 initiative provides precise definitions of how different standards can be implemented to meet specific clinical needs, such as locating information about a patient that is contained in other organizations' EHR systems. This initiative also provides an opportunity for vendors to test that they have successfully incorporated these instructions into their products. Four of these 7 initiatives are working to develop instructions for implementing existing standards, and 3 are working to develop instructions for implementing a new standard that representatives said will improve systems' ability to interoperate.

Representatives from 8 of the 15 initiatives told us that they require organizations to adopt common technical requirements as a condition of participation in the initiative. For example, representatives from 1 initiative said that it requires participants to adopt specific implementations of standards that enable functions like sharing health care information between entities. Representatives from 5 of the 8 initiatives told us that they also require participants to test their systems to confirm that the systems are able to interoperate with the systems of other initiative participants. For example, 1 initiative provides an online testing tool that vendors and providers must use to assess and demonstrate interoperability before joining the initiative. In addition to requiring agreement on technical requirements, 2 of the 8 initiatives said that they provide semantic normalization—that is, translation of data between different formats and terminology—in order to accommodate variation between organizations exchanging information and enable

<sup>&</sup>lt;sup>18</sup>Representatives from two of the three initiatives that are not addressing the standards challenge noted that many other initiatives are working to address this challenge.

interoperability. One initiative representative predicted that there will always be a need for some semantic normalization as part of interoperability because it is unlikely that all organizations will adopt the same standards in exactly the same way.

Representatives from initiatives expressed differing opinions on additional actions that are needed to fully address the challenge of insufficient standards, including the role of the federal government in addressing the issue. Representatives from three initiatives said that there is a need for federal leadership on standards and their implementation. Conversely, representatives from two initiatives said that current federal work on standards duplicates existing private sector efforts, and representatives from a third initiative expressed concern that the government is not flexible enough to account for changing technologies and should therefore leave this issue to the private sector. Representatives from three initiatives we spoke with said that standards should be tested through pilots before they are incorporated into national requirements, and suggested that this testing of standards could be an appropriate role for the federal government.

Variation in State Privacy Rules

Eleven of the 18 initiatives we selected are working to address the challenges encountered because of variation in state privacy rules. 19 Representatives from 6 of these 11 initiatives said that their initiatives are working to improve providers' ability to obtain and track patient consent and other patient preferences electronically. This is important because some state privacy rules require affirmative patient consent to enable exchange. Three of these 6 initiatives are focused on improving patients' ability to document their consent to exchange and grant access to their personal health information. For example, 1 initiative is developing a framework that allows patients to document digitally whether they consent to information sharing and to incorporate this documentation in providers' health IT systems. Another initiative is working to enable patient control of their information through patient-mediated exchange, which allows patients to aggregate their health records into a PHR and electronically grant providers access to these records according to the patient's preferences. Three other initiatives told us that they are using or plan to develop technology that allows providers to share only portions of a

<sup>&</sup>lt;sup>19</sup>Seven initiatives are not addressing this challenge. A representative from one initiative noted that differences in privacy laws across states halted the initiative's efforts to establish cross-state exchange of information.

patient's health record, which would allow providers to ensure that they send only information that they are authorized to share.

Representatives from 5 of the 11 initiatives told us that their initiative incorporated specific privacy policies into agreements signed by participants, including policies governing patient consent and access to their health records. For example, 1 nationwide initiative requires participants to obtain affirmative consent from patients before their information can be exchanged using the initiative's product.

Representatives from several initiatives identified additional actions that are needed to fully address this challenge. Specifically, six representatives said that education on or federal guidance about the application of privacy laws and liability issues would reduce confusion and increase willingness to exchange information across state lines. Representatives from one initiative noted that the difference between states that require patients to affirmatively consent to sharing some or all of their medical information and states that do not have this requirement is a significant barrier to interoperability, though representatives from another initiative said that this difference is less of an issue if providers are educated in the laws of their state.

Accurately Matching Patients' Health Records

Thirteen of the 18 initiatives are working to address the challenge of accurately matching patients' health records. Representatives from 4 of the 13 initiatives said that their initiatives are working to improve the quality of the data or types of information used for matching patients' health records. For example, 2 initiatives are working to establish standard data formats for health IT systems, which may reduce differences in demographic data for the same patient, thus improving the accuracy of matching. Representatives from 2 other initiatives told us that their initiative is working to create a list of patient attributes (e.g., telephone number and address) that can be combined to establish a patient's identity with high success and enable providers and others to match patient records as accurately as possible.

Representatives from 7 of the 13 initiatives told us that they require their participants to use a standardized method for patient matching or are

<sup>&</sup>lt;sup>20</sup>Representatives from three of the five initiatives that are not addressing this challenge noted that they expect the provider to match patients' records through other means.

working to develop standardized methods. For example, 1 initiative requires that all participants incorporate the same patient-matching method into their EHR systems. Representatives from 2 other initiatives said that their initiative is working to reconcile variations in the data elements and formats used for patient matching by network participants, with the goal of adopting a single shared method among all participants. Representatives from another initiative told us that the initiative is working to develop a tool for matching patients to their records that can be incorporated directly into EHR systems. Notably, 2 of the initiatives that are working on patient-matching methods said that they rely on patients to confirm that the match is accurate at the site-of-care. Representatives from 1 of these initiatives noted that this approach may not be practical in circumstances or settings in which information is required immediately or the patient is unresponsive.

Representatives from 2 of the 13 initiatives said that they are working to enable patient-mediated exchange, which involves allowing patients to aggregate their health information in a PHR. One representative noted that patients are likely to notice if their PHR contains information that is incorrectly matched and to correct the error.

Representatives from five initiatives noted that a national patient identifier, which HHS identifies as currently prohibited under law, is needed to fully address this challenge.<sup>21</sup>

Costs Associated with Interoperability Sixteen of the 18 initiatives are working to address the challenge of the reported high costs associated with interoperability. <sup>22</sup> Some of these initiatives are working to address this challenge using multiple approaches. Representatives from 10 initiatives that said they are addressing this challenge by reducing the need to customize EHR systems to connect with other systems. For example, representatives

<sup>&</sup>lt;sup>21</sup>HHS has stated that it is prohibited from implementing a national patient identifier and has referred to the Omnibus Consolidated and Emergency Supplemental Appropriations Act of 1999. The act prohibits HHS from using any funds to promulgate or adopt any final standard providing for, or providing for the assignment of, a unique health identifier for an individual until legislation is enacted specifically approving the standard. See Pub. L. No. 105-277, § 516, 112 Stat. 2681, 2681-386 (1998).

<sup>&</sup>lt;sup>22</sup>Representatives from the two initiatives that are not addressing this challenge said that the result of their initiative will ultimately reduce the cost of health care rather than the cost of interoperability specifically.

from 1 initiative explained that participants must adopt standard features that should reduce the amount of customization needed to connect with other systems. Representatives from 3 initiatives explained that they give participants the opportunity to reduce the cost of interoperability by paying for only one interface to connect with all the entities participating in the initiative, instead of paying for individual connections to each entity. Officials from 3 other initiatives told us that they are focused on creating APIs—programming instructions that allow systems to extract data from other systems that adopt the same API—that they said would nearly eliminate the need to customize systems that adopt the API, or are working to leverage APIs to create applications that can be easily added to EHR systems to exchange and analyze interoperable data.

Representatives from 12 initiatives said that their initiatives' products are or will be available at no cost or at a reasonable cost to providers or vendors. For example, representatives from 4 initiatives told us that the profiles and specifications they are developing will be available free of charge for vendors and providers to incorporate into EHR systems. Representatives from 6 other initiatives said that they are attempting to keep the cost of participation in the initiative reasonable. For example, representatives from 1 initiative said that they adjust their fees for different provider types to accommodate differences in the providers' data exchange needs, thus increasing the likelihood that providers can afford to participate.

Representatives from three initiatives explained that they are working to address the cost issue by creating standardized legal agreements to govern information sharing, which can be easily adapted by initiative participants and reduce the need for legal services and the accompanying legal fees.

Need for Governance and Trust among Entities Eleven of the 18 initiatives are working to establish governance and trust among the entities that seek to exchange interoperable health information.<sup>23</sup> Representatives from 7 of the 11 initiatives are fulfilling the need for governance and trust among entities by establishing standard legal agreements that their participants adopt and use to govern relationships within the initiative. For example, 1 initiative crafted a

<sup>&</sup>lt;sup>23</sup>Representatives from five of the seven initiatives that are not addressing this challenge said that they are not doing so because they are focused on developing technical capabilities and, therefore, this challenge is outside of their scope.

publically available agreement that includes provisions related to security and authentication policies, as well as a requirement that all participants share patient health information openly with all other participants that are authorized to receive this information. Another initiative has created a committee to evaluate specific ways that the data contained in the network may be used and incorporates these decisions into its agreement. Another initiative deliberately designed its agreement so that participants can also adopt existing national agreements; a representative from this initiative noted that if there was a situation in which their agreement conflicted with another initiative's requirements, the initiative would work to reconcile the conflicting requirements so its participants could participate in both initiatives whenever possible.

Representatives from 4 of the 11 initiatives told us that they are working to address this challenge by fostering consensus and harmonization of policies and business practices across entities and organizations. For example, 1 initiative facilitates consensus among different stakeholders about methods to enable interoperability for certain uses, and releases the results of these discussions publically for other entities to incorporate into their agreements, policies, and practices.

Initiative Representatives
Identified Other Issues
That Need to be
Addressed to Move
Nationwide EHR
Interoperability Forward

In addition to the five challenges identified by stakeholders and initiative representatives, representatives identified two other issues that need to be addressed in order to move nationwide interoperability forward.

- EHR interoperability would move forward once providers saw a value in their systems becoming interoperable. Six initiative representatives said that improvements to EHR systems—such as enhancements that improve providers' workflow or clinical decision-making—are needed to increase the extent to which an EHR system, and the information contained within it, is a valuable tool for health care providers. Six initiative representatives noted that reforms that tie payment to quality of care rather than number of services provided will incentivize sharing of information across providers to improve efficiency.
- Changes to CMS's Medicare and Medicaid EHR Incentive Programs
  would also help move nationwide interoperability forward. While
  8 initiative representatives we spoke with told us that the EHR
  Incentive Programs have increased adoption of EHRs,
  representatives from 5 initiatives suggested pausing or stopping the
  programs. Representatives from 10 of the initiatives noted that efforts
  to meet the programs' requirements divert resources and attention
  from other efforts to enable interoperability. For example, some

initiative representatives explained that the EHR programs' criteria require EHR vendors to incorporate messaging capabilities into EHR systems, but this capability generally does not enable interoperability at this time. Representatives from 10 of the initiatives said that the criteria currently used to certify EHR systems under the EHR Incentive Programs are not sufficient for achieving interoperability, and representatives from 3 initiatives suggested amending the criteria to focus on testing systems' ability to interoperate.

#### **Agency Comments**

We provided a draft of this report to HHS for comment. HHS provided technical comments, which we incorporated as appropriate.

As agreed with your offices, unless you publicly announce the contents of this report earlier, we plan no further distribution until 30 days from the report date. At that time, we will send copies to the Secretary of Health and Human Services, the Administrator of CMS, the National Coordinator for Health Information Technology, appropriate congressional committees, and other interested parties. In addition, the report will be available at no charge on the GAO website at <a href="http://www.gao.gov">http://www.gao.gov</a>.

If you or your staffs have any questions about this report, please contact me at (202) 512-7114 or at kohnl@gao.gov. Contact points for our Office of Congressional Relations and Office of Public Affairs can be found on the last page of this report. Other major contributors to this report are listed in appendix II.

Linda T. Kohn

Director, Health Care

Luisa T. Kolice

#### List of Requesters

The Honorable Lamar Alexander Chairman Committee on Health, Education, Labor, and Pensions United States Senate

The Honorable Michael Enzi Chairman Subcommittee on Primary Health and Retirement Security Committee on Health, Education, Labor, and Pensions United States Senate

The Honorable Richard Burr United States Senate

The Honorable Pat Roberts United States Senate

The Honorable John Thune United States Senate

## Appendix I: Selected Nonfederal Initiatives GAO Reviewed

We identified nonfederal organizations that have ongoing initiatives that are working to facilitate electronic health record (EHR) interoperability. The 18 initiatives we selected for our work are listed below.

- Argonaut Project
- California Association of Health Information Exchanges (CAHIE)
- Carequality
- Center for Medical Interoperability (C4MI)
- CommonWell Health Alliance
- ConCert by Healthcare Information and Management Systems Society (HIMSS)
- eHealth Exchange
- eHealth Initiative (eHI)
- Electronic Healthcare Network Accreditation Commission (EHNAC)
- Healthbridge
- Healthcare Services Platform Consortium (HSPC)
- Identity Ecosystem Steering Group (IDESG) Healthcare Committee
- Integrating the Healthcare Enterprise (IHE) USA
- Kansas Health Information Network (KHIN)
- National Association for Trusted Exchange (NATE)
- Open ID Health Relationship Trust (HEART) Working Group
- Statewide Health Information Network of New York (SHIN-NY)
- Substitutable Medical Applications and Reusable Technologies (SMART) on Fast Healthcare Interoperability Resources (FHIR)

# Appendix II: GAO Contact and Staff Acknowledgments

GAO Contact	Linda Kohn, (202) 512-7114 or kohnl@gao.gov
Staff Acknowledgments	In addition to the contact named above, Tom Conahan, Assistant Director; A. Elizabeth Dobrenz; Krister Friday; Monica Perez-Nelson; and Andrea E. Richardson made key contributions to this report.

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