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on  
Exploring Current Practices in Cosmetics Development and Safety  

before the  
Senate Committee on Health, Education, Labor and Pensions  

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Thank you for the opportunity to provide testimony. My name is Scott Faber and I am Senior Vice President for Government Affairs for the Environmental Working Group, which has been evaluating the safety of personal care product chemicals for more than a decade. EWG’s Skin Deep®, our online consumer guide to personal care products, rates the safety of more than 62,000 products and 8,600 ingredients. Over the past five years, 22 million consumers have visited Skin Deep® to learn about personal care products, and dozens of personal care product companies, both large and small, consult EWG’s safety criteria as they formulate their products.

Consumers use a wide variety of personal care products, including cosmetics. Few consumer products contribute as many chemical exposures as cosmetics and other personal care products. Each day, American women use an average of 12 personal care products that contain 168 different chemicals. Men use an average of six personal care products that contain 85 different chemicals.¹

While most cosmetic chemicals likely pose little or no risk to human health, exposure to some chemicals used in cosmetics and other personal care products has been linked to serious health problems, including cancer and reproductive harm. Chemicals found in cosmetics and other personal care products that have been linked to health problems include phthalates,² parabens,³ methylisothiazolinone,⁴ lead acetate,⁵ triphenyl phosphate,⁶ and formaldehyde⁷ and

chemicals designed to release formaldehyde. Some chemicals pose risks at low doses. In addition to risks posed to consumers, hair and nail salon workers are especially susceptible to cosmetic chemical exposures.

**Certain chemicals can interfere with the hormone system**, and some of these “endocrine-disrupting” chemicals are found in personal care products. Chemicals like phthalates and triphenyl phosphate can disrupt the hormone system by mimicking or blocking a natural hormone. When an endocrine-disrupting chemical mimics a hormone, the chemical tricks the hormone’s receptor into thinking the chemical is the hormone. When the chemical blocks a hormone, the chemical can bind to a receptor and the hormone may not be activated.

**Endocrine-disrupting chemicals pose unique risks to vulnerable populations**, such as pregnant women and infants, for whom the impacts may take years to appear. Research shows that endocrine-disrupting chemicals may pose the greatest risk during prenatal and early postnatal development, when organ and neural systems are forming. Exposure to these chemicals has been linked to endocrine diseases including diabetes and some types of cancer.

**Some chemicals in cosmetics and other personal care products also pose acute risks.** Formaldehyde-based hair straightening procedures, referred to as “keratin treatments,” have been linked to hair loss, rashes, blisters, nosebleeds, bleeding gums, and loss of taste and smell. Thousands of women and girls recently reported losing some or all of their hair after using a

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shampoo promoted by a celebrity hair stylist.\textsuperscript{14} Some skin lightening creams contain mercury.\textsuperscript{15} If produced in unsanitary conditions, products—including shampoos, shower gels, makeup and mouthwash—can become contaminated with bacteria and mold, and cause serious harm, including infections.\textsuperscript{16} For example, two baby wipe companies recently manufactured products contaminated with bacteria.\textsuperscript{17}

The Food and Drug Administration (FDA) has little authority to review or restrict chemicals in cosmetics.\textsuperscript{18} In general, substances used in cosmetics and other personal care products are not subject to review or regulation by FDA, and few have been restricted. Under current law, FDA can only restrict chemicals that render the product “adulterated,” and FDA has only banned or restricted nine ingredients under this authority.\textsuperscript{19} Only products that pose acute risks, such as contaminated products, are “adulterated” and FDA must work with the Department of Justice to demonstrate that a product meets this test.\textsuperscript{20} By contrast, many chemicals in cosmetics have been restricted by our trading partners in Canada, Japan and the European Union.\textsuperscript{21} For example, the use of certain parabens linked to hormone disruption is restricted in the European Union—especially in products intended for use on infants— but there are no such restrictions in the United States.\textsuperscript{22}

FDA and other agencies have broad authority to review and regulate chemicals found in other consumer products. For example, FDA has the authority to review chemicals in prescription\textsuperscript{23} and over-the-counter drugs\textsuperscript{24} and chemicals found in food.\textsuperscript{25} The Environmental

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\textsuperscript{19} See 21 C.F.R. §§ 700.11 et seq. In addition, chlorofluorocarbon propellants are prohibited for use in cosmetic products under the Clean Air Act (21 C.F.R. § 2.125), and the labeling of products containing sunscreens to protect the cosmetic’s color but not the user from the sun is regulated (21 C.F.R. § 700.35).

\textsuperscript{20} 21 U.S.C. § 361.


\textsuperscript{24} See 21 C.F.R. § 330.

\textsuperscript{25} 21 U.S.C § 348.
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Protection Agency (EPA) has the authority to review chemicals in pesticides used in our homes and on farms\textsuperscript{26} and to set limits for pesticide residues on food.\textsuperscript{27} This year, Congress expanded EPA authority to review chemicals in cleaners, paints, solvents and many other consumer products.\textsuperscript{28} The Consumer Product Safety Commission (CPSC) has the authority to develop standards and bans for many consumer products.\textsuperscript{29} Updates to the Consumer Product Safety Act gave CPSC specific authority to set content limits for lead in children’s products, paint and electronic devices,\textsuperscript{30} promulgate standards for durable infant or toddler products,\textsuperscript{31} limit toxic substances in toys,\textsuperscript{32} and ban certain phthalates in children’s products.\textsuperscript{33}

**FDA and other agencies also have broad authority to collect data on chemicals found in consumer products.** When FDA reviews food chemicals, for example, it requires the submission of certain safety and use data.\textsuperscript{34} EPA also has broad authority to require safety data on chemicals used in industrial and consumer products. This year, Congress gave EPA broader authority to obtain new information about chemicals.\textsuperscript{35} For pesticides, EPA has guidelines specifying what kind of data must be included with a pesticide registration.\textsuperscript{36} CPSC has specific authority to set content limits for lead in children’s products, paint and electronic devices,\textsuperscript{30} promulgate standards for durable infant or toddler products,\textsuperscript{31} limit toxic substances in toys,\textsuperscript{32} and ban certain phthalates in children’s products.\textsuperscript{33}

**Industry self-regulation of cosmetic ingredients is not sufficient to protect consumers from health risks.** Industry-financed review programs may supplement but should not substitute government regulatory programs governed by minimum standards for collection and review of chemical exposure and toxicity data. These self-regulatory programs lack the same access to data about chemical use and toxicity as government regulators. As a result, these bodies may fill gaps in data by assuming very large groups of structurally similar chemicals have the same impacts on human health.\textsuperscript{38} What’s more, cosmetic formulators have no obligation to abide by self-

\textsuperscript{26} See 7 U.S.C. §§ 136a-136d.
\textsuperscript{27} 21 U.S.C. § 346a.
\textsuperscript{33} 15 U.S.C. § 2057c.
\textsuperscript{34} 21 U.S.C. § 348(b).
\textsuperscript{37} 15 U.S.C. § 2076(e).
regulatory program recommendations,\textsuperscript{39} and these recommendations frequently lack specific limits or instructions on chemical use, manufacture or processing.\textsuperscript{40}

**Self-regulatory bodies may overlook long-term health risks in favor of short-term risks.** In general, self-regulatory programs tend to focus on short-term effects, such as allergic reactions, and lack the capacity to review health impacts from chronic exposures. Substances such as endocrine-disrupting chemicals may cause health effects that will not be apparent for many years.\textsuperscript{41} In addition, some self-regulatory panels incorrectly assume that exposures to chemicals in cosmetics are too low to impact health. For example, some panels have improperly asserted that exposures via routes such as inhalation cannot occur.\textsuperscript{42}

**Some findings by industry self-regulatory bodies are inconsistent with findings by other regulatory authorities or experts.** For example, methylisothiazolinone,\textsuperscript{43} iodopropynyl butylcarbamate\textsuperscript{44} and methyldibromo glutaronitrile\textsuperscript{45} – preservatives deemed too risky for certain

\textsuperscript{39} For example, a formulator sold an adulterated product containing an ingredient that CIR had found unsafe for the product’s use. See Warning Letter from Susan M. Turcovski, District Director, Florida District Office, U.S. Food & Drug Admin., to Mr. Van Tibolli, CEO, Van Tibolli Beauty Corp. (Sept. 2, 2015), http://www.fda.gov/ICECI/EnforcementActions/WarningLetters/2015/ucm462375.htm.

\textsuperscript{40} See, e.g., CIR, Amended Safety Assessment of Methylisothiazolinone as Used in Cosmetics (2014) (concluding that an allergenic ingredient that ought to be restricted to a specific concentration in products to be rinsed off could be permitted at any concentration in products intended to remain on the skin, so long as the formulator makes the product “non-sensitizing”).

\textsuperscript{41} See Vandenberg, supra note 9.


\textsuperscript{44} The European Commission restricted use of iodopropynyl butylcarbamate (IPBC) in cosmetics. Companies cannot use it in lip products due to concerns about ingestion, or in lotion or other products that cover a large area of the body, because IPBC may contribute to unsafe levels of iodine in the body. All IPBC-containing cosmetics must bear a warning: “Not to be used for children under 3 years of age.” European Comm’n, Substance: 3-Iodo-2-propynylbutylcarbamate, http://ec.europa.eu/growth/tools-databases/cosing/index.cfm?fuseaction=search.details v2&id=31086 (last visited Sept. 19, 2016). However, CIR in 2013 reconfirmed the preservative “safe as used in cosmetics at concentrations [less than or equal to] 0.1%,” declining to reopen its 1998 decision and setting no special restrictions to protect children. CIR, Cosmetic Ingredient Review Expert Panel 128th Meeting (September 9-10, 2013) - Findings (Sept. 2013), http://www.cir-safety.org/sites/default/files/Sept2013%20postmeeting%20announcement.pdf (reaffirming its earlier conclusion); CIR, Final Report on the Safety Assessment of Iodopropynyl Butylcarbamate (IPBC) (July 1998).
uses by other authorities – were found safe for use at higher concentrations or without similar restrictions by industry panels. Two hair dye chemicals that have been linked to health problems by Canadian regulators and the National Toxicology Program (NTP), respectively, have been deemed “safe as used” as well. Another chemical is used in fragrance without restriction, even though an NTP study found it is a likely carcinogen.

**Consumers overwhelmingly support federal oversight of cosmetic chemicals.** Recent polling conducted by American Viewpoint and the Mellman Group found that two-thirds of consumers believe chemicals in cosmetics are already reviewed by FDA. Three-fourths of consumers – regardless of age, race or party affiliation – support stricter oversight of chemicals in cosmetics and nearly nine-in-ten consider stricter rules very important. In addition, nine-in-ten consumers believe cosmetic companies should have to notify FDA if their products harm consumers, support giving FDA mandatory recall authority, and support rules ensuring cosmetics are produced in clean environments.

**FDA lacks the basic tools needed to ensure the safety of cosmetics and other personal care products.** Under current law, cosmetic companies do not have to register with FDA, submit cosmetic ingredient statements, adopt good manufacturing practices, provide access to safety records, report adverse events, or share the cost of a modern regulatory system. FDA also lacks

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45 The European Commission found that there was no safe level of use for methylidibromo glutaronitrile (MDGBN), another allergen. European Comm’n Sci. Comm. on Consumer Prods., Opinion on Methylidibromoglutaronitrile (June 2006), http://ec.europa.eu/health/ph_risk/committees/04_sccp/docs/scpp_o_060.pdf. But CIR found MDBGN is safe as used in rinse-off cosmetics, and safe at levels up to 0.025% in leave-on products. CIR, Final Report on the Safety Assessment of Methylidibromo Glutaronitrile (1996).


the authority to quickly suspend production or recall contaminated products when a company fails to initiate a voluntary recall.

**By contrast, food, prescription drug, over-the-counter drug and medical device manufacturers are subject to basic rules.** Food, drug and device manufacturers must register their facilities with FDA; maintain and give FDA access to records; and report any adverse events to FDA. Drugs, devices and biologics cannot be sold without prior FDA approval, including approval of a product’s ingredients. If food, drugs or devices are unsafe, FDA can suspend production and product licenses. When unsafe food, drugs and devices do reach the market, FDA can order recalls of food, biologics and devices, and can take legal action against drug makers who do not recall their products.

**The personal care products industry has grown dramatically** since Congress enacted current cosmetics law almost 80 years ago. When Congress enacted the Food, Drugs, and Cosmetics Act in 1938, the cosmetics industry generated approximately $1 billion in sales. Today, the cosmetics industry generates $62 billion in annual revenue, employing more than 56,000 people. Simply put, cosmetics law has not kept pace with changes in regulatory science and consumer expectations. A law enacted in 1938 to prohibit the use of “filthy, putrid, or decomposed” substances is woefully out of date. In particular, current law remains too focused on short-term injuries, such as infections, while largely ignoring the cumulative effects of repeated exposures over many years.

**Congress must create a modern regulatory program for cosmetics and other personal care products,** as proposed in S. 1014. A modern regulatory program would give FDA the power to review cosmetic chemicals of concern, expand FDA’s ability to know when contaminated products threaten public health, respond to rising imports of personal care products, give FDA the resources to detect and respond to threats to public health, and grant FDA the power to act when companies decline to voluntarily recall contaminated products. We believe that well-

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50 21 U.S.C. § 350(c) (food); 21 C.F.R. § 211 (drugs); 21 C.F.R. § 820.180 (devices); 21 C.F.R. § 600.12 (biologics).

51 21 U.S.C. § 350(d) (food); 21 C.F.R. §§ 310.305(c)(1); 314.80(c)(1)(i); 314.98(a) (drugs); 21 C.F.R. § 803.1 (devices); 21 C.F.R. § 600.80(c)(1)(i) (biologics).

52 21 C.F.R. § 314 (drugs); 21 C.F.R. § 814 (devices); 21 C.F.R. § 601.2 (biologics).

53 21 U.S.C. § 350(d) (food); 21 C.F.R. § 1.94 (drugs); 21 U.S.C.. § 334 (devices); 21 C.F.R. § 601.6 (biologics).

54 21 U.S.C. § 350(l) (food); 42 U.S.C. § 262 (biologics); 21 C.F.R. § 5.411 (biologics); See also U.S. Food & Drug Admin., FDA Basics: Why Isn’t a Drug Taken Off the Market When a Manufacturer Gets a Warning Letter?, http://www.fda.gov/AboutFDA/Transparency/Basics/ucm194988.htm (last updated Sept. 11, 2016).


crafted, science-based reforms will boost consumer confidence in personal care products and promote even greater innovation by cosmetic companies.

As Congress considers steps to modernize cosmetics law, we propose the following reforms:

- **Subject Cosmetic Chemicals of Concern to Review** – FDA should have the power to review and regulate cosmetic chemicals of concern to ensure that these chemicals pose a reasonable certainty of no harm to human health. Once chemicals of concern have been identified, FDA should quickly collect data on chemical use and toxicity to determine whether the chemical is safe or should be subject to restrictions.

- **Strengthen Industry Self-Regulatory Programs** – Cosmetics law should clarify the role of industry self-regulatory programs and clearly establish the duty of cosmetic companies to substantiate the safety of their products. Industry-financed programs that are not based upon widely accepted scientific principles should not be the basis upon which companies can claim that personal care products are safe.

- **Require Facility Registration, Records Access** – Cosmetic companies should be required to register with FDA, provide FDA with cosmetic ingredient statements, and be required to provide FDA access to safety records.

- **Require Good Manufacturing Practices** – To prevent microbial contamination, cosmetic companies should be required to adopt Good Manufacturing Practices that will ensure that cosmetics are produced in safe and clean environments.

- **Require Adverse Event Reporting, Recall Power** – Cosmetic companies should be required to quickly report serious adverse events and to frequently provide FDA with all adverse event reports. If a contaminated product poses serious health risks and a company has declined to conduct a voluntary recall, FDA should have the power to order a mandatory recall and to suspend production of contaminated products.

- **Expand Disclosure Requirements** – Cosmetic companies should be required to provide consumers more information about cosmetic chemicals, including fragrance ingredients. Any disclosures required for cosmetics and other personal care products should apply to sales of salon products and to sales made through internet retailers.

- **Provide Adequate Resources** – In light of FDA’s other critical responsibilities, FDA must have additional resources to review cosmetic chemicals of concern and to carry out other regulatory responsibilities, such as reviewing adverse event reports. Simply giving
● FDA new authorities – and no new resources – would fall short of consumer expectations.

● **Promote Innovation** – Companies of all sizes can pose significant health risks. For example, some tattoo inks pose contamination risks. However, a well-crafted regulatory system must recognize differences between large and small companies.

All of these reforms have been endorsed by the personal care products industry, including large and small manufacturers. We believe these are reasonable reforms that will boost consumer confidence in cosmetics and other personal care products and ensure that these essential, everyday products are safe. We look forward to working with you to craft a regulatory system as modern as the personal care products industry.

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